Pharmacy Helpful Hints at the Deck Plate

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28 May 2014

Pharmacy Department

Outpatient Division

- Dispenses 1.8 M annual prescriptions
- Oversees 13 BHCs pharmacies

Inpatient Division

- Dispenses over annual 700,100 orders
- Consists of Main Pharmacy and 4 satellite pharmacies

Ambulatory Care

- Pharmacists embedded in Medical Home Ports (Integrated Health Community)

Residency Program

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IDC Prescribing limitations

- Up to 90 day supply with no refills
- Deployment
  - 180 days with remainder from Deployment Prescription Program (DPP)
  - Malaria medications can be written for the length of the deployment

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IDC Medication Authorization List

- Orally or topically administered medications
  - No IV meds
- One time occasion for 30 day supply
  - Analgesics (APAP and NSAIDs)
  - Epi-pens
  - Nicotine replacement
  - Upper Respiratory Infection and Allergy meds
  - Anti-hypertensives
  - Topical Acne treatments

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IDC Medication Restrictions

- Controlled Substances
  - Not authorized
- Pregnancy Category D in child-bearing age females
  - Not authorized
  - In the process of creating a report to review prescribing of restricted meds
- Non-formulary medications
  - Not authorized

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Controlled Substances

- Schedule I : Experimental
  - Not stocked or used
- Schedule II: Percocet, Morphine, Demerol, Adderall
  - Requires Vault Storage
  - No refills allowed
- Schedule III: T3, Norco
  - Locked Cabinet
  - Up to 5 refills
- Schedule IV: Ativan, Valium, Tussionex
  - Locked Cabinet
  - Up to 5 refills
- Schedule V: Lomotil, Robitussin with Codeine
  - Locked Cabinet
  - Up to 5 refills

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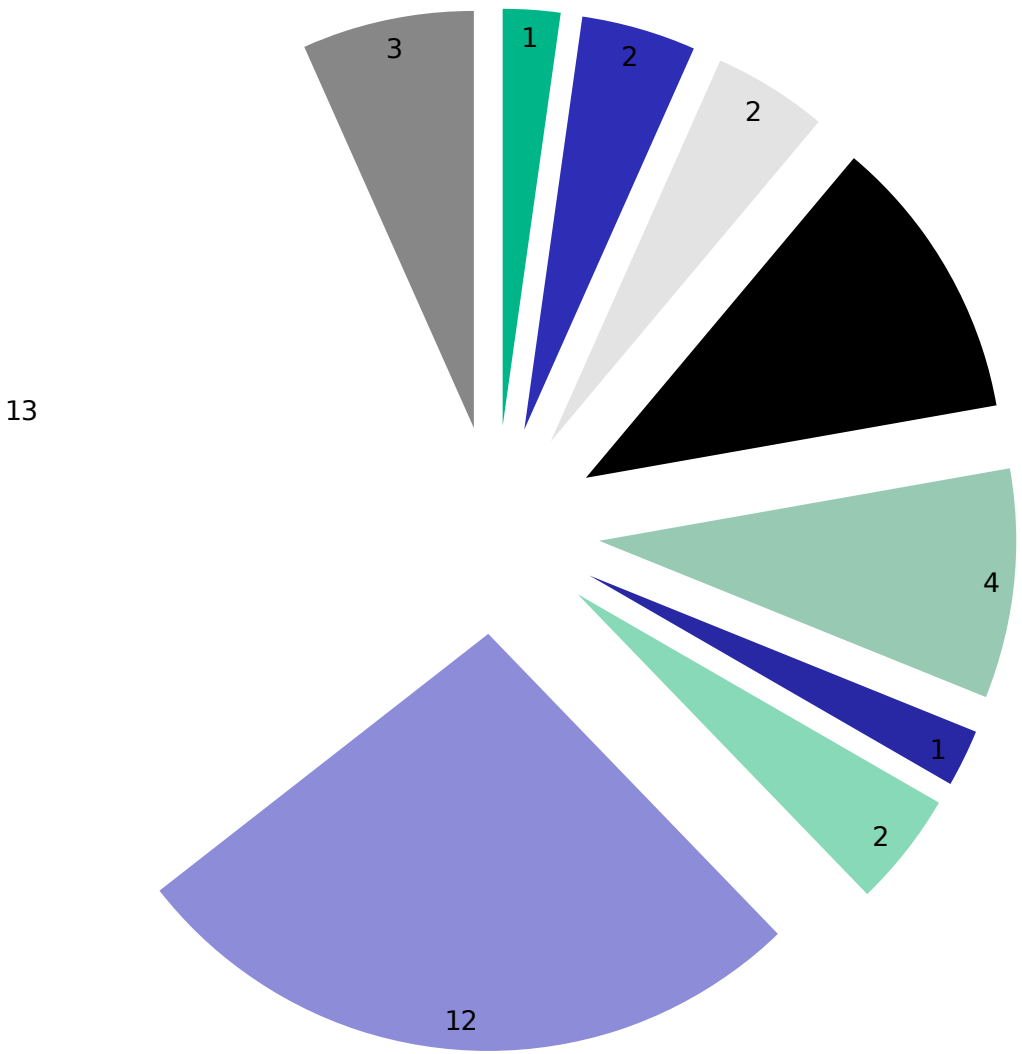
IDC prescribed controls over the last 6 months



- ALPRAZOLAM 0.5 MG ORAL TABLET
- DEXTROAMPHETAMINE/AMPHETAM 30MG XR CAP
- FIORINAL(BUTAL/ASA/CAFF) 50-325-40MG CAP
- GUAIFENESIN/CODEINE PO SYRP 100-10MG/5ML
- ISOMETHEPT/ACETAMINOP/DICHLPHN65-325-100
- METHYLPHENIDATE (CONCERTA)18MG TAB ER 24
- METHYLPHENIDATE (CONCERTA)36MG TAB ER 24
- TESTOSTERONE(FORTESTA)10MG PER ACTUATION
- ZOLPIDEM (AMBIEN) 10MG TAB--PO 10MG TAB
- ZOLPIDEM TARTRATE (AMBIEN) 5 MG ORAL TAB

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Self/Family member prescribing restrictions

- Federal Law, State law and NMCSD medical staff
  - Prohibit providers from prescribing for themselves or their family members
    - Discourage “buddy” prescribing also
- American Medical Association (AMA)
  - Unethical to prescribe for self/family
    - Only authorized in emergent situations
- Monitored by reporting and at time of Pharmacist verification.

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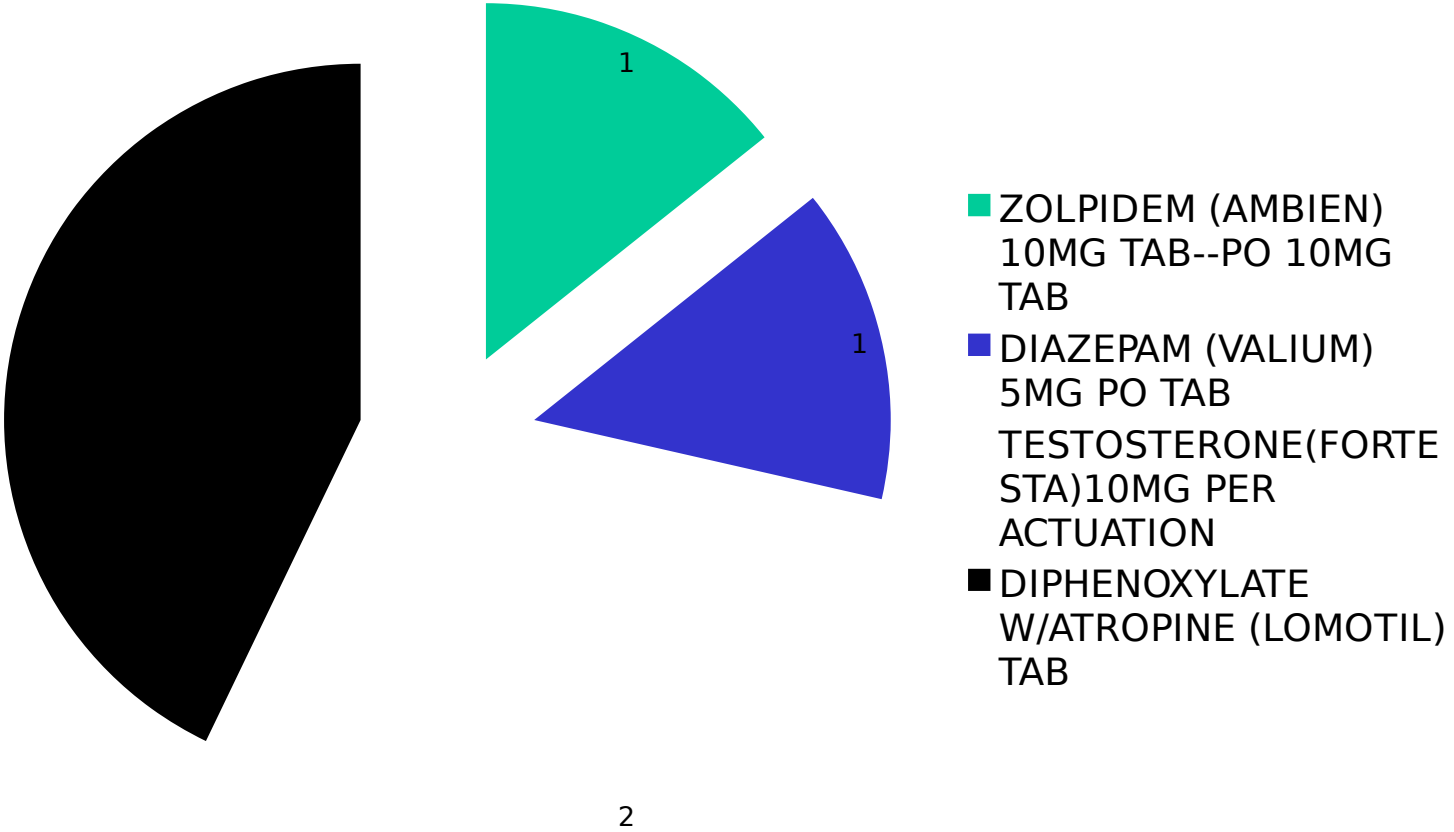
Self prescribing over the last 6 months



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Pharmacy Pearls

Formulary

- NMCSD SharePoint Naval Medical Center San Diego Formulary via Lexicomp
- Via CHCS/AHLTA
- DoD Pharmacoeconomic Center http://pec.ha.osd.mil

Medication Management Instruction

- NMCSD MM Manual 2013 at http://nmcsd-as-spfe03/SiteCollectionDocuments/mm2013.pdf

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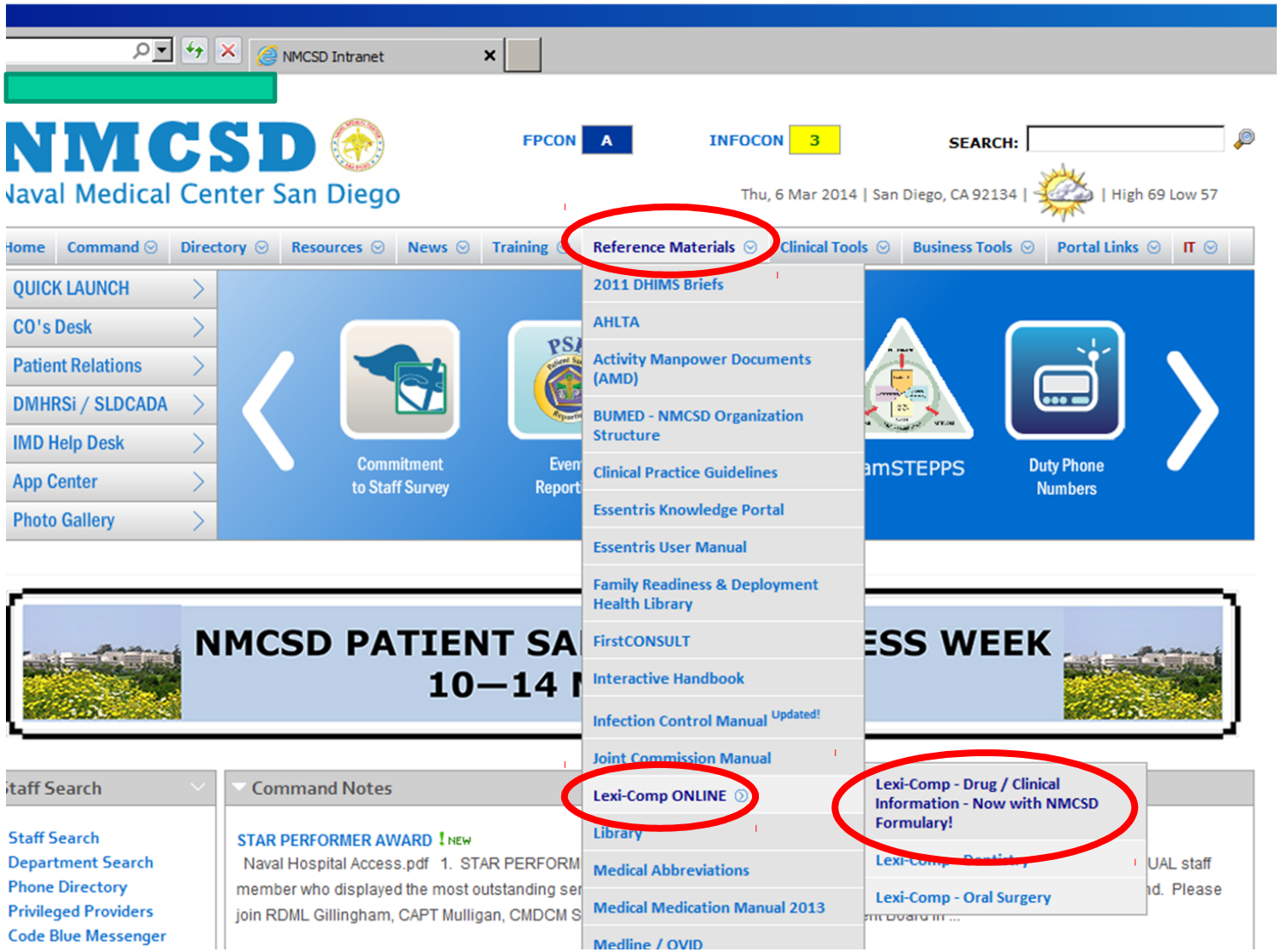
NMCSD SharePoint



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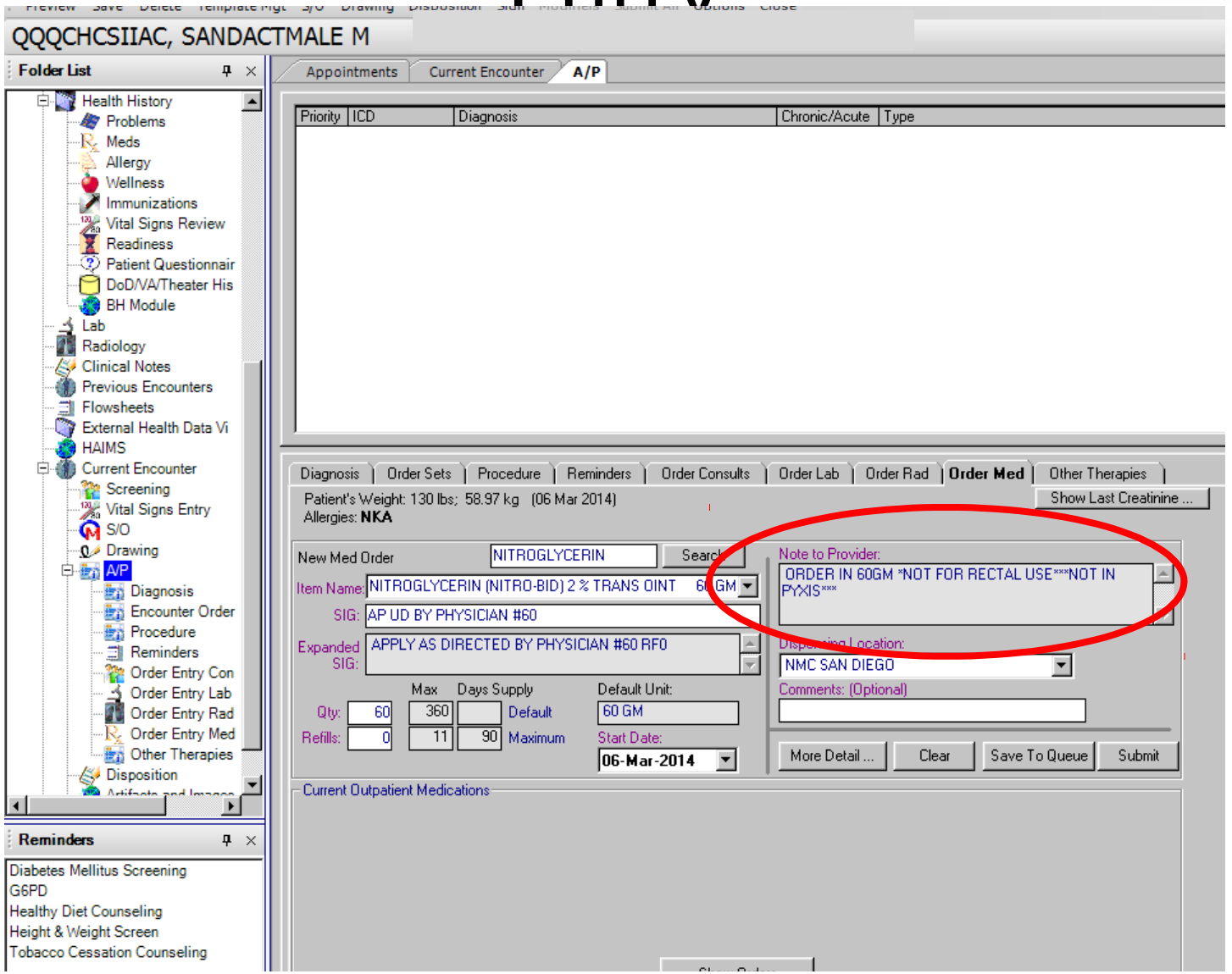
ALHTA Medication Order Entry



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E-Pharmacy App

- App for Smart Phones (Apple and Android)
- Search keywords: NMCSD EPharmacy
- Requires DS login
- Request meds through app – decreased wait time in the Pharmacy Lobby
- Look up Pharmacy locations, hours of operation and directions to Clinic

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How the Pharmacy Can Help

- **Pier-side Pharmacy Support**
  - Must be on NMCSD Formulary
  - Recommend using the Basic Core Formulary http://pec.ha.osd.mil/bcf.php?submenuheader=0
  - Non-formulary meds are addressed on a case by case basis
- **Pre-Deployment Support**
  - Begins as work-up cycle begins
  - Pharmacy team will support at least one underway period for each CSG.
  - Individual deployments coordinated through pharmacy fleet liaison

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Prescription Medication Analysis and Reporting Tool (PMART) Procedure

- Provide crew's alpha roster, in an excel spreadsheet, a minimum of 3 months prior to scheduled deployment. Can be ships physician, IDC, or pharmacy tech
  - Last Name, First Name & Middle Initial
  - Rank/Rate
  - **Full** Social Security Number
  - Unit Name/Location
  - Date of Birth
- NMCSD Pharmacy may help submit your Alpha roster to the pharmacoeconomic center for processing.
- After 1-2 weeks the alpha roster is sent back to NMCSD Pharmacy with the Patient's list of chronic medications.
  - Some medications like Tylenol, which are mostly PRN but can be used chronically may not be included.

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PMART cont.

- Pharmacist will then send the updated alpha roster back to the ship's POC for completion.
- The ship's doctor or IDC is then to scrub the list and ensure accuracy and add directions.
- The ship doctor/IDC will then enter the prescriptions in CHCS and return the list to the pharmacy POC.
- Depending on the number of ships deploying and crew size, plan on a 7 business day turn around, larger ships may take longer
- Ships representative (Pharmacy tech, corpsman, physician or IDC) can pick up medications at the NMCSD Pharmacy.

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Additional Pointers

- The NMCSD Pharmacy fills individual prescriptions for individual patients.
- The NMCSD Pharmacy is not the supply system
  - The Fleet Prime Vendor provides bulk medicines to ships through the ship's supply process
    - Questions can be addressed at 619-556-0402
    - Don't forget to ask about credit accounts
  - The NMCSD Pharmacy is available for emergencies
    - The more advanced notice we have, the more we can help

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Underway Period/Tricare Mail Order Pharmacy (TMOP)

- FREE benefit to the ship & Sailors
- Tricare will mail prescriptions to any APO/FPO address around the world!
- Highly encourage all of ship's company to be enrolled prior to deploying if they need a prescription or not!
- https://member.express-scripts.com/web/member/loginreg/dodRegistra

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TMOP

- Benefits
  - Refills are all online
  - Mail 6 month supply most non-controlled medications with refills
  - Its FREE!
- Limitations
  - Doesn’t accept prescriptions from IDCs and no OTCs
  - Takes time to receive
  - Follows CENTCOM formulary and restrictions
  - All providers need a DEA number to write for Controlled Substances (can be obtained for free at http://pec.ha.osd.mil/files/Waiver_Form_224.pdf)
  - Must have a Scanner

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TMOP

- To enroll as provider for access, Contact DoD Pharmacy Operations Center (POC) at: pdts.ameddcs@amedd.army.mil
  - Include the best email address to reach you and your medical Status (MD, DO, NP, PA…)
- Access is limited to prevent fraudulent prescriptions from being entered

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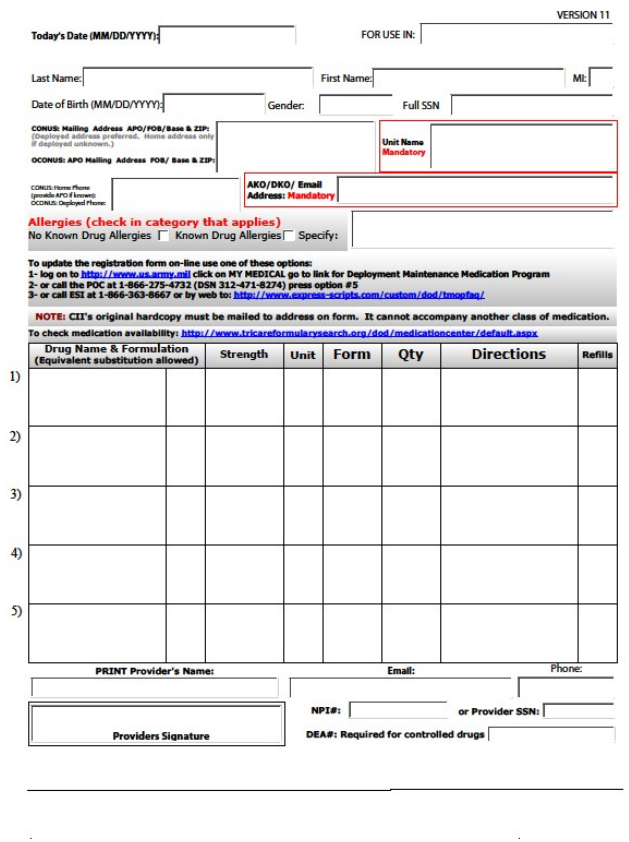
Deployment Prescription Program (DPP) Prescription



VERSION 11

Today's Date (MM/DD/YYYY): FOR USE IN:

Last Name: First Name: MI:

Date of Birth (MM/DD/YYYY): Gender: Full SSN

CONUS: Mailing Address APO/FOB/Base & ZIP: (Deployed address preferred. Home address only if deployed unknown.)

OCONUS: APO Mailing Address FOB/ Base & ZIP:

Unit Name Mandatory

CONUS: Home Phone: (provide APO if known) OCONUS: Deployed Phone:

AKO/DKO/ Email Address: Mandatory

Allergies (check in category that applies)

No Known Drug Allergies ☐ Known Drug Allergies ☐ Specify:

To update the registration form on-line use one of these options:
1- log on to http://www.us.army.mil click on MY MEDICAL go to link for Deployment Maintenance Medication Program
2- or call the POC at 1-866-275-4732 (DSN 312-471-8274) press option #5
3- or call ESI at 1-866-363-8667 or by web to: https://www.express-scripts.com/custom/dod/tmopfap/

NOTE: CII's original hardcopy must be mailed to address on form. It cannot accompany another class of medication.

To check medication availability: http://www.tricareformularysearch.org/dod/medicationcenter/default.aspx

	Drug Name & Formulation (Equivalent substitution allowed)	Strength	Unit	Form	Qty	Directions	Refills
1)							
2)							
3)							
4)							
5)							

PRINT Provider's Name: Email: Phone:

Providers Signature

NPI#: or Provider SSN:

DEA#: Required for controlled drugs

-An original signature is required on each prescription. Per Arizona state law, electronic signatures are not allowed and will not be honored by the mail order pharmacy.

- Any prescription missing an original signature will not be filled by the mail order pharmacy.

-Provider information must also be legible to include a printed name and contact information (e-mail)

- If there is an issue with the prescription, the prescriber will be contacted via e-mail.

Note: It is very important the Contact Member provide a good email address. This is how the POC will communicate with for any issues that may arise with prescriptions.

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Regulatory Issues (Controlled Substances)

- Custodian must be Commissioned Officer appointed in writing by the CO
- Controlled Substance Inventory Board (CSIB) performed at least quarterly (≥ E7) audit of all controlled substances
- Destruction Report (all controlled substances)
- Prescription Documentation
  - Signed by dispensing party
  - Received by signature on the back
  - Filed separately from regular prescriptions
- Controlled substance regulations found in MANMED Chapter 21

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Questions and Discussion

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DPP Psychotropic Medications

- Psychotropic medications: Refills are not authorized from the pre-deployment site in order to ensure follow up.
- A 180 day supply is allowed with no refills.
- If subsequent fills are required due to an extension with the deployment, a new prescription will be required. *Fills written for over the amount of 180 days will be reduced by the mail order pharmacy to the maximum amount allowed per CENTCOM policy.*
- Complete list of restricted mediations can be found here: http://pec.ha.osd.mil/files/Centcom%20Formulary%20CNS%20Meds%2007052011.pdf

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DPP Schedule II Controlled Substances

- Schedule II prescriptions must be mailed to the POC.
- The POC will review and forward to the mail order pharmacy for processing.
- Scans or faxed prescriptions are not acceptable under federal law and will not be filled.
- Address:

DoD Pharmacoeconomic Center
ATTN TMOP Team
2450 Stanley Rd, Suite 208
Ft Sam Houston, TX 78234

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DPP for the Service Member

1. The pre-deployment site/ship's provider will submit the DPP Registration/Rx form to the POC.

2. SM will receive an email to the email address provided on the form asking the SM to create their online account and update their current theater address.

3. Two months before the due date of your next refill, a 2nd email is automatically sent to the SM reminding the SM to order their medication

4. Medications are mailed to the address provided in step 3. If the SM does not update their address, the medication will be mailed to the stateside address entered at registration.

**Note-This is not an automatic process. If the SM does not request a refill, the prescription order will not be released.

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Controlled Substances

- Schedule III-V prescriptions
  - Can give the full length of deployment (up to 180 days plus information on TMOP)
- Schedule II – can give the full length of deployment with special considerations
  - Expiration date limitation
  - Lost/stolen/damaged medications
  - Communication with ship
  - Give patient 100 days and provider the remainder
  - Protect yourself

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